

The Heartland Chapter of the Liberal Religious Educators Association (*LREDA*) presents

Wholehearted Leadership

A Retreat for UU Religious Education Professionals

June 4-7, 2019

**Join us in this rejuvenating and meaningful retreat.
Come create, rest, play, laugh, learn and grow together.**

During our wisdom circles together, we will explore ideas from Brene Brown's latest book *Dare to Lead: Brave Work, Tough Conversations, Whole Hearts*. Through experiential exercises, deep listening, sharing, meditation and mindfulness practices we will explore our own capacity for empathy and courage - both in congregational leadership and in how we live our lives.

Brene encourages "rumbling with vulnerability" while exploring our relationship with humility, perfectionism, empathy and courage. The more honest and authentic we can become, the more effective we can be as leaders. You are invited to take your armor off for the week while we create an open and honest atmosphere to be authentic together.

Come with an open heart and mind ready to engage in meaningful religious growth and learning together. Enjoy discourse and collaboration with colleagues on best practices as well as brainstorming for any challenges you may be experiencing in your work. The retreat schedule also allows ample time for deep rest, art, naps, yoga, music, reading, walks, drumming, and silence to provide space for much needed rest and rejuvenation after a long church year.

Retreat Location: *Oakwood Retreat Center at Oakwood Farm, 3801 SCR 575 E, Selma, Indiana 47383*
www.oakwoodretreatcenter.org

What to bring: yourself, a few art supplies perhaps leftover from your RE closet, such as beads, feathers, colored paper, glitter glue, markers, scissors, glue and magazines/images for collages.

What else to bring: warm clothing for walks – in case it gets cool, snack food and beverages to share, wine if you want to sip and relax, a Hymnal, objects you consider sacred for circle times and worship, musical instruments, bug spray, boots and raincoat in case of rain.

Registration is limited, so **Register Early!**

Arrival time: Tuesday, June 4 at 5:00 pm **Dinner is served at 6:00**, so don't be late!

Departure time: Friday, June 7 at 12:00 noon.

Cost: \$385 (for a shared room) and \$415 (for a single room), meals included.

The meals are Fabulous – fresh and delicious – one of the specialties this retreat center has to offer.

Registration Deadline: May 8, 2019

**Heartland Chapter of LREDA Retreat for UU Religious Education Professionals
Register By May 8, 2019**

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone () _____ Email: _____

UU Congregation: _____

LREDA Chapter Affiliation: ___Heartland ___Central Midwest ___Ohio-Meadville

Dietary: Vegetarian _____ Vegan _____ Other _____

If you want to room with someone, please indicate. _____

Otherwise we will assign roommates upon arrival. Most rooms are doubles and triples. There are a few single rooms available.

Special Needs: _____

Registration fee: \$385 (for shared rooms), \$415 (for single rooms)

Cancellation Policy: Your fee is non-refundable unless we are able to find a replacement for you.

Make checks payable to: Beth Havlik with “LREDA Retreat” in the memo line and mail to:
Community UU in Brighton, Attn: Beth Havlik, 3333 S. Old U.S. Highway 23, Brighton, MI 48114

Questions? Contact Diane or Nadine

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